

# MASSAGE THERAPY HEALTH HISTORY

Date: \_\_\_\_\_

Update 1 \_\_\_\_\_

Update 2 \_\_\_\_\_

Name: \_\_\_\_\_

First Initial Last

Address: \_\_\_\_\_

Street Apt. City Province Postal Code

Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_ Bus. phone: (\_\_\_\_) \_\_\_\_\_ x \_\_\_\_\_

E-mail \_\_\_\_\_

D.o.B: (dd/mm/yyyy) \_\_\_\_\_ Age: \_\_\_\_\_ Previous Massage Experience:  Y  N

Type of Work: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Were you referred for massage therapy?  Y  N if yes, by whom: \_\_\_\_\_

What is your chief complaint?: \_\_\_\_\_

Are you seeing any other practitioner currently for this condition:  Y  N Name: \_\_\_\_\_

What is your general health status? \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

## Current Medications

*Please check the conditions that you are currently experiencing, or have experienced often in the past.*

### Head/Neck

headaches  
type: \_\_\_\_\_

vision problems  
 vision loss  
 ear problems/loss

### Cardiovascular

high blood pressure  
 low blood pressure  
 poor circulation  
 heart disease  
 phlebitis/varicose veins  
 stroke/CVA  
 pacemaker or similar device  
 chronic congestive heart failure  
 heart attack

Family history of any of the above

Y  N

### Skin

skin conditions  
type: \_\_\_\_\_

plantar warts  
 bruise easily

### Respiratory chronic cough

shortness of breath  
 smoking  
 bronchitis  
 emphysema

asthma

Family history of any of the above

Y  N

### Infections

hepatitis  
 TB  
 HIV, AIDS  
 herpes  
 Other: \_\_\_\_\_

### Women

menstrual problems  painful  
 gynecological conditions  
what \_\_\_\_\_  
 Pregnant: due date: \_\_\_\_\_  
 Children: number \_\_\_\_\_  
 caesarian section

Surgery date: \_\_\_\_\_

type \_\_\_\_\_

\_\_\_\_\_

### Other Conditions

difficult digestion  
 constipation  
 liver  
 epilepsy  
 gall bladder \_\_\_\_\_  
 kidney \_\_\_\_\_  
 bladder \_\_\_\_\_  
 diabetes- onset \_\_\_\_\_  
 sinus  
 allergies/hypersensitivity  
 insomnia  
 cancer where \_\_\_\_\_  
 arthritis Dr. diagnosed?  Y  N  
affected areas \_\_\_\_\_

Family history of arthritis

Y  N

### Other medical conditions

Internal pins, wires, artificial joints

or special equipment  Y  N

What \_\_\_\_\_

Injury date: \_\_\_\_\_

Type \_\_\_\_\_

\_\_\_\_\_



# **INFORMED CONSENT TO MASSAGE THERAPY ASSESSMENT AND TREATMENT**

I have received information about the proposed physical assessment and have been informed about the nature of the massage therapy treatment. I have been informed and understand the benefits, risks, side effects, contraindications (if present), alternatives courses of treatment and consequences of not having the treatment. I understand that it is my right to stop or modify the treatment at any time and that the massage therapist expects my input regarding the comfort of pressure throughout the treatment. The therapist has given me instruction on dressing/undressing procedures as well as instruction on positioning and covering during the treatment, hydrotherapy applications and remedial exercise programs. I am fully aware of the cost of the treatment and duration of both the treatment and assessment.

<u>Massage Treatment</u>	<u>Cost</u>
30 minutes	\$60.00
45 minutes	\$80.00
60 minutes	\$100.00
90 minutes	\$135.00
120 minutes	\$190.00

All information in my file will be kept confidential, although the file will be shared among the treating therapists in this facility. The sharing of the file will improve the flow of information among the professionals to ensure the utmost quality of care.

**I understand that written authorization will be obtained prior to the release of any information, except when required by a court of law.**

I understand that my treatment may change from time to time, and necessary functional ability testing may be performed at my health professional discretion. I also understand that results are not guaranteed.

I have read the above consent and have had the opportunity to ask questions regarding its content. By signing below I agree to the proposed physical testing and massage therapy protocol presented by the registered massage therapist. I intend this consent to cover the entire course of treatment for my present condition and any future condition(s) for which I seek treatment.

## **Please note:**

**Time of treatment includes assessment and dressing/undressing.**

**Please, be in-time for your appointment. If you are late the time of your treatment may be decreased but you will be charged in full for scheduled appointment.**

**If you need to cancel your appointment please give us 24 hour notice. Otherwise you may be charged for missed appointment**

\_\_\_\_\_  
RMT Name (please print)

\_\_\_\_\_  
Client/Guardian (please print)

\_\_\_\_\_  
RMT Signature

\_\_\_\_\_  
Client Signature

Date: \_\_\_\_\_